

Ortus iHealth

Remote Patient Monitoring of Gastro Intestional Cancer (GIC) patients in response to COVID-19

The Challenge

COVID-19 presented a number of challenges for wards with vulnerable patient populations like patient with GIC. Despite requiring ongoing follow up with their clinicians, medication titration, and consistent biometric monitoring, all face-to-face appointments needed to be suspended to protect patient safety.

The Solution

Using the Ortus platform, GIC wards were able to rapidly respond and move all appointments scheduled for March until June into a Virtual setting. The ability to manage a large roster of patients on the Ortus platform provides a **virtual ward** for clinicians to monitor and track patient status.

Using a batch **SMS onboarding** and registration process all appointments were re-registered for **virtual appointments**, new **PROMs questionnaires** were created, and follow up appointments were scheduled, all within an afternoon.

In addition, **customised messages** with links to the app and YouTube videos were created for patients to help them familiarise themselves with the platform and to inform them of what is to be expected from their appointments.



SMS batch onboarding and registration to allow wards to quickly move to the Ortus platform. During COVID 19, the transition to the Ortus platform took one afternoon

Key Aims

- Rapidly reschedule face-to-face appointments to remote video appointments
- Reduce NHS Spend on telemedicine interventions
- Ensure patient safety with appropriate follow up
- Continuous patient monitoring with biometric data and PROMS

Highlights



85% of patients were very satisfied with Ortus



70% of clinicians reported Ortus saving them over 1 hour each appointment



1 in 2 patients would have had to taken annual leave to attend appointments



Patient education tools on how to use the app and what to expect during their appointment were shared on Youtube